



Tri-County CMO
Warren, Hunterdon & Somerset
3040 Route 22 West, Suite 210
Branchburg, NJ 08876
Tel: 908-526-3900

System of Care Partners

CMO (Tri-County CMO)

Care Management Organizations (CMO's) are part of the New Jersey Children's System of Care (CSOC) and serve children between the ages of 5 and 21. CMO's are agencies that provide assessment, planning, monitoring and linkage to a full range of treatment and support services to children with both moderate and high, complex needs. Tri-County CMO (TCCMO) is a Care Management Organization that serves children in Warren, Hunterdon and Somerset counties. The CMO's goals are to help children stabilize and remain in their homes, their schools and their communities. Care Management staff work with child-family teams to develop Individualized Service Plans (ISP). Following development of an Individual Service Plan (ISP), a Child and Family Team, comprised of the child's caregiver, the care manager, formal service providers such as therapists and in-community providers, and natural or informal supports, work together in achieving the most positive outcomes. TCCMO offers after hours on-call telephone support services to our children and families, with office hours Monday-Friday, 9am-4:30pm; after-hours on-call care manager can be accessed by dialing **908-526-3900 and pressing option "5"**.

PerformCare

PerformCare is the Contracted System Administrator (CSA) for the Division of Children's System of Care (CSOC). In assisting CSOC by authorizing, tracking, and coordinating care and service outcomes for children, the CSA serves as a source of information and referral to children and families over the phone. The CSA enters a single electronic record for each child and provides reporting and information technology in coordinating quality management. PerformCare is a centralized and screening referral center. Clinical Care Coordinators assess needs of the child by phone. If there is no prior mental health history, they will offer to send out a licensed professional to conduct a Needs Assessment. Parents, family members, school employees, mental health providers and other professionals helping children and families may contact Perform Care on behalf of a child or adolescent in need of a referral – but parent/guardian consent is required.

To access PerformCare, call **1-877-652-7624**; **www.performcarenj.org**

FSO (Family Support Organization)

The Family Support Organization (FSO) of Hunterdon, Somerset, Warren, Morris and Sussex counties is a private, non-profit organization of families helping other families. Comprised of parents/caregivers of children who suffer with behavioral, emotional and/or mental health challenges, FSO provides support, education, and empowerment to other families traveling a similar journey. Family Support Partners (FSP), available to those caregivers whose child/youth is enrolled in the Care Management Organization, work alongside caregivers to help them learn the ins and outs of the system of care in New Jersey, provide one on one support as well as support at Child and Family Team Meetings, IEP/other school meetings, and other meetings upon request as appropriate. The FSP will help the caregiver to become their child's best advocate until such time as they have become full partners in the care and planning for their child. Although the average time with FSO is approximately 6-12 months most



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caregivers find attending FSO classes, workshops, and support groups prepares them for the time when services come to an end. All FSO programs continue to be available to caregivers and the general public after closure. In addition to providing continued group activities to ALL families through support groups, classes, presentations, and workshops, the FSO advocates strongly for the family voice at all levels of government. To access **FSO**, call **908-213-9932**. Office hours are weekdays 9am – 5pm. Voicemails will be returned within 24 hours.

DCP&P (Division of Child Protection and Permanency)

The Division of Child Protection and Permanency (DCP&P) is the State's comprehensive social service agency for children and families. DCP&P is required by State law to investigate reports of child abuse and neglect and to take immediate action necessary to ensure the safety of the child. New Jersey's law states: "Any person having reasonable cause to believe that a child has been abused or neglected shall report it immediately to DCP&P" (N.J.S.A. 9.6-8.10). To report child abuse and neglect in New Jersey, call **1-877-652-2873**.

MRSS (Mobile Response and Stabilization Services)

Mobile Response and Stabilization Services are available 24 hours a day, seven days a week, to help children and youth who are experiencing emotional or behavioral crises. Professionally trained staff are dispatched to the crisis site within one hour of the crisis outreach to the Contracted System Administrator. They utilize de-escalation and crisis prevention skills designed to defuse an immediate crisis, keep children and their families safe, and maintain the children in their own homes or current living situation (such as a foster home, treatment home or group home) in the community. Seventy-two hours of intensive support are offered, followed by additional referral and linkage services for up to eight weeks, to help the family maintain stabilization. To access **MRSS**, call **1-877-652-7624**.

FCIU (Family Crisis Intervention Unit)

Family Crisis Intervention Unit (FCIU) helps youth and families in crisis, involving family conflict, truancy, runaway, serious threat to physical safety or wellbeing. Defusing and stabilizing juvenile/family crises may divert them from the family court system. Where there are child behavioral health issues, the FCIU will call PerformCare. FCIU serves as the coordinator and liaison between the family, the treatment community and family court system. To access your local **FCIU**, call **908-788-6401 (Hunterdon)**; call **908-704-6330 (Somerset)**, call **908-454-5141 (Warren)**.

YSC (County Youth Services Commission)

Youth Services Commission (YSC) is a legislatively-mandated body that plans, implements, monitors and evaluates the juvenile justice system. It develops a comprehensive plan of sanctions and services for juveniles adjudicated or charged as delinquent and delinquency prevention programs. Its mandated duties and responsibilities include assessing and prioritizing the needs of delinquent and at-risk youth, coordinating and integrating services for youth 5-19 years of age. To access your local **YSC**, call **908-788-1372 (Hunterdon)**; call **908-704-6333 (Somerset)**, call **908-475-6331 (Warren)**.